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- [Stories»](#)
- [Travel»](#)
- [Tips»](#)
- [Your Sport»](#)
- [Community»](#)
- [Blogs](#)
- [Our Store](#)
- 

## April Thrills

By *Jennifer* on March 4, 2011 | *Mexico, Vacations, Water*

“Life is a thrill, and so many people can’t or don’t take advantage of it.” So get out there, says [Tara Short](#), founder of Green Edventures, LLC.

She wrote to *Women’s Adventure* in response to our call for stories about women who set goals and achieve their dream adventures. “I can’t help but think about the ladies I lead on eco-adventures to Baja Mexico each April,” Tara said. To facilitate these eco-adventures, her company partners with [Becoming an Outdoors Woman](#), a non-profit organization that helps women gain outdoors skills in a non-competitive and supportive environment.



Photo courtesy of Tara Short

“The women who have attended my trips to Baja are cancer survivors, homemakers, professionals, divorcees, you name it,” Tara brags. “They spend one week together on Espirtu Santo Island off the coast of La Paz, where they learn to snorkel and free-dive. Women who are tentative to put their faces in the water eventually frolic with wild sea lions and glide with whale sharks in the open ocean! Some of the women even free-dive 30 feet or more.” That sounds like one heck of a vacation.

You can be part of it. There are still [a few spots left](#) in this year’s [Baja BOW trip](#), which runs April 14-20. Tara’s goal for the week: “inspire people to get out and explore and overcome fears no matter what their age or background.” How do you know this is for you? Read this [first-hand account](#) from one of last year’s first-time adventure women.

Tara praises the women who join her, try new activities, and explore a new paradise. “As the educator and guide of the group, my role is to teach these women, but what I learn from them is priceless,” she says. Though each year’s group is made up of women with no prior connections to one another, they build friendships and celebrate a reunion in Baja one year after their first trip. This year’s Baja BOW reunion trip runs from April 6-13.

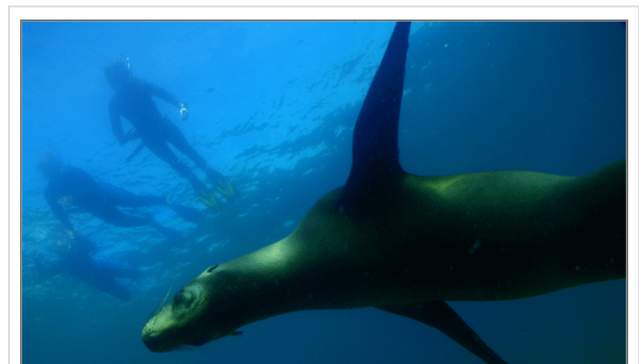


Photo courtesy of Tara Short

For more info, check out the Facebook [group](#) or [event page](#).

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## Jennifer

Jennifer Olson, earned degrees in English and print journalism from the University of New Mexico before setting out to find new adventures—in a new town, with a new job, in a new house, exploring new trails. As the newest addition to Women’s Adventure, she feels like a natural when it comes to gear reviewing. Her work has appeared in New Mexico Magazine, in the “2010 New Mexico Vacation Guide,” and on VeloNews.com, but she also served as editor in chief of her alma mater’s art and literary publication, Conceptions Southwest. Playing with magnetic poetry on her refrigerator helped Jennifer develop a philosophy by which she still lives: “If you publish a cliché, go explore real inspiration.”

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